

# *Your Guide to* **International Nursing Jobs in the U.S.**



# Introduction

If you've always dreamed of a nursing job in America, you're in the right place. O'Grady Peyton's team of experienced recruiters are here to help you achieve career advancement in popular locations across the country.



# Table of Contents

- **About O'Grady Peyton**
- **Becoming a Nurse in the U.S.A**
- **Benefits for International Nurses**
- **Coming to America**
  - Important Documents
  - Packing for the U.S.
  - Life in America
- **Testimonials from Nurses Just Like You**
- **Contact Us**





# About O'Grady Peyton

For over 40 years, O'Grady Peyton has set the standard as the go-to international nurse recruitment agency. With thousands of nurses placed across all 50 states, more recruitment experience than most of our competitors, and the largest selection of jobs, our success has always been based on the level of attention, understanding, and compassion we provide to international nurses who want to make a new life in America.

In essence, your success is our success.



# Becoming a Nurse in the U.S.A

Congratulations on your decision to pursue nursing opportunities in the United States. The O'Grady Peyton U.S. International Nursing Employment Program is designed to help nurses from around the world reach their goals of expanding their nursing careers in America. From the moment you apply to our program, you'll receive end-to-end support on every step of the nursing license, U.S. Visa, and sponsorship process.

## Getting Started

Our team is dedicated to the professional and personal success of both you and your family. With O'Grady Peyton, you're closer than you might think to making your dreams come true.

### CHECKLIST OF REQUIREMENTS FOR OUR INTERNATIONAL NURSING PROGRAM

- ☒ A valid, verifiable nursing license and at least a year of experience in your country of origin.
- ☒ A strong motivation to live and work in the United States.
- ☒ Successful completion of the NCLEX nursing exam and required certifications.
- ☒ The ability to receive a U.S. Visa, successful VisaScreen certification, and a Green Card to work in the U.S.
- ☒ A commitment to live and work as a nurse in the U.S. for a minimum of two years.
- ☒ Fluency in the English language, both verbal and written.

# Benefits for International Nurses

When you work with O'Grady Peyton, we make the process of transitioning to America easy. In addition to a paid-for flight and hotel accommodations (if necessary), we happily provide our International nurses with some amazing benefits, including:

## Insurance

You can feel at ease knowing that your health insurance and low cost vision and dental care plans are available on the first day of your assignment. Coverage for your legal spouse or same-sex domestic partner and dependent children under 26 years of age are also eligible for enrollment for a monthly fee.

## Voluntary Short-Term Disability

An optional group short-term disability plan protects a portion of your income if you become disabled because of a non-work related illness or injury for a short period of time. Earnings are your regular weekly rate of pay, including commissions, but not bonuses, overtime pay, or any other fringe benefits or extra compensation, in effect on the last day you were actively at work before you became disabled.

**\*CA, HW, NJ, NY, PR, RI and WA Healthcare Professionals may be eligible for state disability insurance programs and therefore may not receive additional short-term disability coverage**

## Life & Accident Insurance Coverage

Company-paid basic coverage is provided automatically when you enroll in a medical plan. You also have the choice of purchasing additional protection for yourself and your dependents for an additional monthly cost.

## 401(k) Retirement Plan

The 401(k) is a great savings plan that lets you put away tax-free money and earn interest. You can choose to participate once you receive your first paycheck.

## Free Professional Liability Insurance

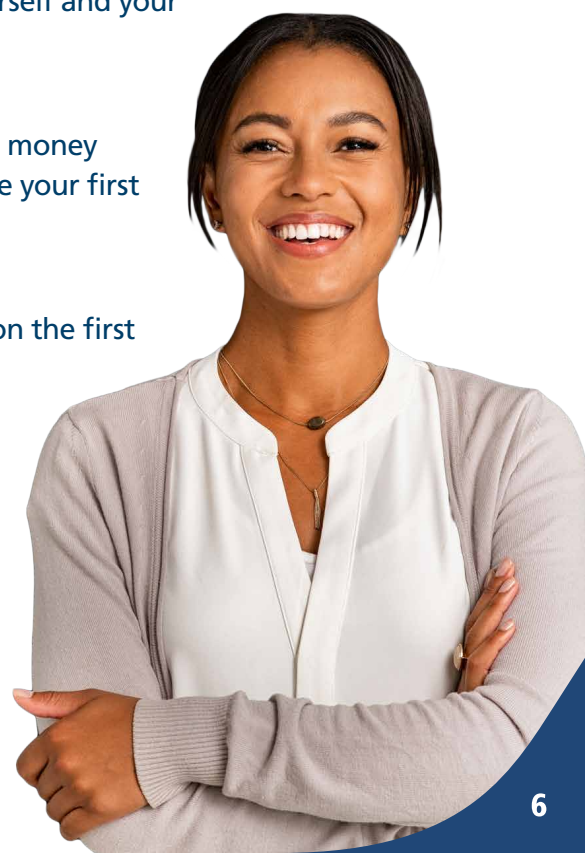
Also known as malpractice insurance, this free coverage begins on the first day of your new job.

## Continuing Education and Professional Development

We provide free educational courses to our nurses to help prepare you for a successful clinical transition to the United States and keep your U.S. nursing license active.

## Relocation, Housing, and Introductions

Getting settled in the U.S. is easy with O'Grady Peyton. We help you arrange your housing and furniture delivery, pick you up at the airport, and help you get settled in your home.



# Important Documents



Before you make your journey to America, it's important that you come prepared with the following documents. O'Grady Peyton suggests that you bring the original and a photo copy of each in case the original is misplaced or stolen. Having a photo copy will make getting a replacement much easier.

**Keep in mind that not every traveler will have all of the documents in the list, so just bring the documents that apply to your situation.**

## **Passport(s)**

For every country where you've received one.

## **Application for immigrant Visa and alien registration**

One copy for each applicant must be fully completed.

## **Birth certificate(s)**

Provide long versions of birth certificates, including parent's names, for yourself, your spouse, and unmarried children younger than 21 years.

## **Adoption certificate**

Where applicable, provide certified copies and proof of adoption from your country of origin.

## **Deed poll**

Provide the necessary documentation to prove a legal change of name.

## **Marriage certificate**

Certified documentation/certification of a marriage.

## **Divorce decree**

Certified documentation of the dissolution of a marriage.

## **Military service record**

Proof of service for any branch of the military where you have served, including Countries/ locations where served.

## **Police certificate(s)**

Provide certificate for each applicant over the age of 16, including a separate certificate for each country where each applicant has lived/worked for at least a year.



# Packing for the U.S.



The following items are a guide to the items that will make your journey to the U.S. easier. Keep in mind that your O'Grady Peyton recruiter will be there to help you shop and gain access to items you may not have upon arrival.

<p><b>Essential Items:</b> To avoid extra airline baggage fees, pack lightly and plan to purchase the majority of items you'll need upon arrival.</p>	<p><b>Currency/Traveler's Checks:</b> Bring \$5,000 U.S. in cash or traveler's cheques if you are traveling alone. In addition, bring \$1,000 U.S. for each additional person traveling with you. Secure everything and have photocopies of your travelers checks in case they are lost or stolen.</p>
<p><b>ATM Card:</b> Make sure to inform your bank that you will be using your ATM card in America. Without notification, they may deny suspicious transactions from another country.</p>	<p><b>Credit Cards:</b> If you have one or more, bring them with you. Credit cards are useful, but will take time for you to get in the U.S. You must first establish credit in the country before applying.</p>
<p><b>Clothing:</b> Plan to purchase most of your clothes in the United States where it's less expensive than other countries. Once you arrive, you can determine the types of clothing you need based on the climate of the state where you'll be working.</p>	<p><b>Linens:</b> Bring sheets and towels for yourself and any family member. If you prefer, these items can be purchased upon arrival.</p>
<p><b>Nursing Uniforms:</b> Because hospitals have different nursing uniform requirements, it's not necessary to pack uniforms. They are easy to purchase in America.</p>	<p><b>Personal Items/Mementos:</b> Bring your current résumé, skills checklist, copies of your certifications and diplomas, a copy of your degree(s), and pictures or small items that make you feel at home.</p>
<p><b>Non-essential Items:</b> Pack non-essential items sparingly. Items such as small appliances (like hair dryers) will not conform to the U.S. standard voltage and can be easily purchased.</p>	<p><b>Shipping items from home:</b> You will have a forwarding address seven to 14 days prior to your departure to the U.S. Items can be mailed from your country to that address.</p>



# Life in America

O'Grady Peyton International believes that your success is our success. To help you make the transition to America, we've put together some common things you'll need to understand to make everyday tasks easier.

## American Money

American bills are the same size regardless of face value. The most common bills are \$1, \$5, \$10 and \$20. American coins have the following value:



**PENNIES**  
1¢ cent



**DIMES**  
10¢ cents



**\$1 DOLLAR**



**NICKELS**  
5¢ cents



**QUARTERS**  
25¢ cents

## Voltage

American standard voltage is between 110-115 volts. Most likely your plug-in appliances from abroad will not work in the U.S. You can either purchase an adapter at a hardware store or purchase new equipment at reasonable prices once you arrive.

## Temperature

America uses the Fahrenheit temperature as opposed to Celsius. Typical temperatures are:

- **Water Freezes:** 0° Celsius or 32° Fahrenheit
- **Normal Body Temperature:** 34° Celsius or 98.6° Fahrenheit
- **Water Boils:** 100° Celsius or 212° Fahrenheit

# Weights and Measures

America uses a measurement system called the **U.S. customary system**, which consists of the following:

Distance	Volume (Liquid)	Weight
• 1 inch is about 2.5 centimeters	• 1 ounce is about 29.57 milliliters	• 1 ounce is about 28.35 grams
• 12 inches in one foot	• 8 ounces in a cup	• 16 ounces in one pound
• 3 feet in one yard	• 2 cups in a pint	• 2,000 pounds in one ton
• 1,760 yards or 5,280 feet in one mile	• 4 quarts in a gallon	

## Clothing and Shoe Size

Clothing and shoe sizes in the U.S. are slightly different than in other countries. Use these as a guide to help you understand what size you or your family will need in America.

WOMEN'S SIZE INFORMATION					
SHOES			CLOTHING		
US	EU	UK	US	EU	UK
4	35	2	Small: 2/4	33/35	6
5	35.5	3	Medium: 6/8	37/39	10
6	36.5	4	Large: 10/12	41/43	14/16
7	37.5	5	X-Large: 14	45	18
8	38.5	6	2X: 16-18	47/49	20/22
9-9.5	39.5	7	3X: 20	51	24
10	40.5	8	4X: 22	53	26
11	41.5	9-9.5	5X: 24	55	28
12	42.5	10	6X: 26	57	30

MEN'S SIZE INFORMATION					
SHOES			CLOTHING		
US	EU	UK	US (Pants/Shirts)	EU (Pants/Shirts)	UK (Pants/Shirts)
8	40.5	7	XS: 28/32-35 Chest	44/36	28/14
9	42	8	S: 30/35-38 Chest	46/38	30/14.5-15
9.5	42.5	8.5	M: 32/38-41 Chest	48/39	32/15.5
10	43	9	L: 34-36/42-45 Chest	50-52/41-42	34-36/16-16.5
10.5	44	9.5	XL: 36-38/46-49 Chest	54-56/43-44	36-38/17-17.5
11	44.5	10	2X: 40-42/50-53 Chest	58-60/45-46	40-42/18-18.5
11.5	45	10.5	3X: 44-46/55-57 Chest	62-64/47-48	44-46/19-19.5
12	46	11	4X: 48-50/59-61 Chest	66-68/49-50	48-50/20-20.5
13	47	12	5X: 52-54/63-65 Chest	70-72/51-52	52-54/21-21.5

# Testimonials

Coming to America to work as a nurse is easier than you might think. Check out the following testimonials from nurses who've made the journey and are thriving in America.

*Iyad*

**Originally from Jordan  
Working in Temple, TX**

My experience with O'Grady Peyton International was an amazing one, their professionalism and kindness are outstanding, they were with me before during, and after landing at my new place, and the support is still ongoing. I encourage all medical professionals to join this company as they will make your transition much easier especially if you are like me coming from abroad.

*Nodeane*

**Originally from Jamaica  
Working in Staunton, VA**

I have no regrets about signing on with OGP. Although the wait was long as retrogression affected the process, they never left me alone or canceled on me. They communicated with me and held my hand when I thought the dream would never materialize for me and my son. The relocation process was seamless.

*Melisa*

**Originally from Jamaica  
Working in Casa Grande, Arizona**

O'Grady Peyton International was a God-sent; I will be eternally grateful to OGP for paving the path for my many nursing career successes. The OGP staff is friendly, knowledgeable, helpful, and caring. The migration process and transition to a new country and culture went smoothly because of the dedication and unwavering support of the staff.

# Contact Us

We hope this guide to nursing in America will help make your journey easier. Keep in mind that our recruiters are experts in the process of getting you from your home country to new opportunities in the U.S.

Please use the contact information below to ask questions or begin your journey to new nursing success. To learn more, visit our website, [www.ogradypeyton.com](http://www.ogradypeyton.com).

US Nursing Job Seeker and Client  
Resources for International Nurses  
Seeking US Employment

- Toll Free Telephone:  
**(877) 686-7230**  
(USA and Canada only)
- Email Us:  
**[Info@ogradypeyton.com](mailto:Info@ogradypeyton.com)**

